

**WRITTEN WARNING
BASKETBALL**

Are you aware of the inherent risks of basketball? If you have not considered the risks, please read carefully through the following paragraphs.

Basketball can be compared aerobically to games of tag and some types of aerobic exercise...stopping and starting with short bursts of speed and energy expended. Jumping is an integral part of basketball. If you have, or know of any physical condition that could prohibit your child from such an activity, please obtain a physicians consent to participate.

The sport of basketball is considered to be a collision/contact sport. In any sport where jumping is a part of the activity serious head, neck and spinal injuries can occur.

Dangers and risks of playing basketball include, but are not limited to, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, other aspects of the muscular skeletal system, serious injury or impairment to other aspects of the body, general health and well being, and even death.

Participants should be aware of where they are in comparison to others on the court. The sound of a whistle is the stop signal.

Players should wear lace up tennis shoes, loose fitting clothing and thick socks.

Our participants' health and safety is the number one priority. However, we cannot assure you that an accident will not occur.

I HAVE READ AND I UNDERSTAND THE WARNING:

Parent's Signature

Date

Student's Signature

Date